



starters

**spinach & artichoke dip** **V**  
served hot with warm baguette and tortilla chips 7.99

**chicken quesadilla**  
roasted chicken, molten cheese, green onions & tomatoes, served with salsa and zesty sour cream 8.99

**cauliflower bombers** **V!**  
lightly tempura battered and flash fried florets tossed with spicy hot wing sauce and served with green goddess dipping sauce 7.99

**nacho platter** **GF**  
cheese covered chips with jalapenos, olives, green onions, diced tomatoes, black beans, zesty sour cream, guacamole & salsa with choice of grilled chicken or pulled pork (or **V!** with black beans and cashew cheese) 13.99

**chipotle hummus** **V!**  
served with curried tahini, warm pita bread and veggies 7.99

*half-off select drinks and dollar off all apps for happy hours 4-6pm and 10pm-midnight every day!*

**GF kimchi fries**  
housemade french fries topped with pulled pork, spicy kimchi & zesty sour cream 9.99

**V risotto bites**  
panko crusted risotto balls served with honey beurre blanc and balsamic reduction 6.99

**GF hot wings**  
a full pound of oversized, bone-in wings in your choice of house bbq, hot, or inferno sauces 10.99

salads

**pear chèvre salad** **V GF**  
city peanut candied pecans, fresh pears, red onions, tomatoes & chèvre on a bed of greens, served with green goddess dressing 11.99

**wild grains & greens** **V! GF**  
quinoa salad, cucumber, chickpeas, tomatoes, pickled onions, avocado, on a bed of mixed greens & shredded cabbage, served with orange curry vinaigrette 10.99

**caesar salad** **V**  
chopped green leaf lettuce tossed in our house caesar dressing and homemade croutons with parmesan cheese and tomatoes 9.99

**bleu Idaho steak salad\***  
grilled, sliced, mid-rare steak over mixed greens with tomatoes, green apples, City Peanut candied pecan, gorgonzola & fried sweet onions, served with white balsamic vinaigrette 12.99

add to pear, caesar, or wild grains:  
chicken \$3 • steak \$5 • shrimp \$6  
salmon \$6 • tempeh \$3

**have any salad as a wrap with fries for just \$1 more**

**soup & side salad** 6.99  
**just soup** cup 3.99/bowl 6.99  
**just salad** 3.99

dressing options: white balsamic, green goddess, orange curry, honey mustard, ranch, bleu cheese, caesar

entrées

**shrimp & grits** **GF**  
roasted corn and cheddar grits with buttery garlic shrimp, sautéed bell peppers & red onions, topped with a smoky ham and chorizo gravy 17.99

**sweet potato enchiladas** **V! GF**  
sweet potatoes, black beans, corn and roasted green chiles wrapped in corn tortillas and topped with chipotle chile verde sauce, cashew cheese & chimichurri. served with avocado and spicy chilli risotto 14.99

**chicken cordon bleu**  
breaded and baked chicken breast stuffed with bacon, ham, gorgonzola & swiss cheeses. served with seasonal vegetables and potatoes. topped with a rich béarnaise sauce 18.99

**herb roasted chicken** **GF**  
oven roasted nearly boneless half chicken served over a bed of seasonal risotto with a savory pan sauce and seasonal sautéed vegetables 17.99

**GF solid salmon\***  
pan seared salmon fillet with honey beurre blanc and balsamic reduction, served on a bed of seasonal risotto with seasonal sautéed vegetables 18.99  
**or get it blackened with gorgonzola cream sauce 19.99**

**GF solid new york strip\***  
hand rubbed angus new york strip served with potatoes and seasonal veggies 19.99  
**or get it blackened with a gorgonzola cream sauce 20.99**

house favorites

**pulled pork sandwich**  
slow braised pork shoulder with house bbq sauce on a challah roll, served with house slaw 10.99

**gyro**  
lamb, chicken, or tempeh, with lettuce, tomato, onion, signature tzatziki sauce & feta in a pita 9.99

**mediterranean pita** **V!**  
hummus, quinoa salad, lettuce, tomato & onion in a whole wheat pita 9.99  
add feta \$1

**the cubano**  
a panini-style cuban sandwich with slow-braised pork, ham, swiss cheese, pickles & dijon mustard 11.99

**classic club**  
triple decker style with turkey, ham, bacon, lettuce, onion, tomato, cheddar & swiss cheese on sourdough 11.99  
add avocado \$1

**blt redux**  
sweet and spicy candied bacon, spinach, and tomato with house chimichurri on ciabatta bread 10.99  
add avocado \$1  
sub tempeh for **V!** option

**get these with Solid fries by default or go wild with sweet fries, onion rings, quinoa salad, green salad, or soup for \$1.00 extra**

**GF street tacos**  
3 pork or chicken tacos with cabbage, onion & zesty sour cream, served with salsa, guacamole & housemade tortilla chips 9.99  
go **V!** w/ tempeh & sriracha

**mac and cheese**  
a generous portion of corkscrew noodles in a creamy cheese sauce with weekly mix-ins 11.99  
**V** (or plain jane 10.99)  
add grilled chicken \$3

**chicken & waffles**  
1/2 chicken, fried and served atop a fresh belgian waffle, served with whipped butter and warm maple syrup 15.99

**no fries over here, because, you know... carbs**

burgers

**solid burger\***  
served on a challah bun with mayo and fixin's 9.99  
add bacon or cheese \$1 each or go for the whole monte - add both for 11.50

**the defibrillator\***  
house made burger, tempura battered bacon, guacamole, hot sauce, pepper jack & the fixin's on a challah bun 13.99

*feel free to do you (within reason) ... sub a veggie patty or grilled chicken on any burger for no charge*

**the uncle buck\***  
house made burger with slaw and tomatoes served inside a grilled three-cheese sandwich with cheddar, gorgonzola, and swiss cheeses, spicy bacon & pickled onions 13.99

**chipotle black jack\***  
blackened house burger with pepper jack cheese, chipotle-tomatillo salsa, avocado & onion rings on a challah bun with mayo and the fixin's 12.99

*the fixin's = lettuce tomato, onion, and a pickle on the side*

**seoul burger\***  
thai sweet chili marinated burger, kimchi, spicy bacon & mozzarella on a challah bun with mayo and the fixin's 12.99

**V! the veginator**  
vegan patty smothered with chili and topped with red onions and cashew cheese sauce with guacamole, served on a ciabatta bun (fork optional) 11.99

*all the burgers come with fries ... or upgrade to any of those fancy side substitutions listed earlier*

desserts

**raspberry lemonade** **V! GF**  
**coconut cheesecake**  
a decadent vegan yogurt based cheesecake with nutty crust 8.99

**creme brulée** **GF V**  
classic vanilla bean custard with caramelized sugar 4.99

**chocolate bread pudding** **V**  
apologies to all the raisin lovers out there, you won't find any shriveled grapes in this bread pudding! ours is rich chocolate with a hint of cinnamon and cayenne pepper. served warm with vanilla ice cream and homemade amaretto and caramel sauces. 8.99

**V seasonal cheesecake**  
our amazingly smooth and creamy house made cheesecake with chef's choice seasonal ingredients that will compliment the times and his mood, likely the best you'll ever have! ask your server about this featured dessert 7.99

- V** = vegetarian
- V!** = vegan
- GF** = gluten free

just a little fine print...  
\$2.00 charge will be added for split plates (but you get more fries!)  
18% gratuity will be added to parties of more than six  
*\*consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. Idaho Food Code Consumer Advisory 3-603.11*